

## Quotes that Tickle my Mind to Open

"Let the beauty we love be what we do. There are hundreds of ways to kneel and kiss the ground." **Rumi**

"Be soft. Do not let the world make you hard. Do not let the pain make you hate. Do not let the bitterness steal your sweetness. Take pride that even though the rest of the world may disagree, you still believe it to be a beautiful place." **Kurt Vonnegut**

"Space and time are not conditions in which we live, they are the modes in which we think." **Albert Einstein**

"We are all part of the universal hologram, an indispensable piece to the cosmic puzzle. Not only this, but because we are holographic by nature, the whole cosmos is inside us. This is indeed one of the fundamental teachings of most Perennial Philosophies and mystical traditions. In some inexplicable way, we carry the cosmos within us. And the exploration of one's own consciousness eventually takes one into the cosmic realms of existence." **Tom Kenyon, Passage into the Holographic Universe**.

"Acknowledging the good that is already in your life is the foundation for all abundance. " **Eckhart Tolle**

"When you change the way you look at things, the things you look at change." **Max Planck**

"If the bigger systems cannot weave into our smaller systems then the bigger systems will have no residency here within us. More unpacking." **Tantra Maat**

"Words are never just words. The range and depth of a person's soul is inevitably revealed in the quality of the words she uses. When chosen with reverence and care, words not only describe what they say but also suggest what can never be said." **John O'Donohue, Divine Beauty: The Invisible Embrace**

"Things falling apart is a kind of testing and also a kind of healing. We think that the point is to pass the test or to overcome the problem, but the truth is that things do not really get solved. They come together and they fall apart. Then they come together and fall apart again. It's just like that. The healing comes from letting there be room for all of this to happen: room for grief, for relief, for misery, for joy." **Pema Chödrön**

We should indeed keep calm in the face of difference and live our lives in a state of inclusion and wonder at the diversity of humanity." **George Takei**

"Be patient toward all that is unsolved in your heart and try to love the questions themselves, like locked rooms and like books that are now written in a very foreign tongue. Do not now seek the answers, which cannot be given to you because you would not be able to live them.

And the point is, to live everything. Live the questions now. Perhaps you will then gradually, without noticing it, live along some distant day into the answer.” **Rainer Maria Rilke**

“Even if I do not see the fruits, the struggle has been worthwhile. If my life has taught me anything, it is that one must fight.” **Ella Winter**

“Trust your heart if the seas catch fire, live by love though the stars walk backward.” **E.E. Cummings**

“The nitrogen in our DNA, the calcium in our teeth, the iron in our blood, the carbon in our apple pies were made in the interiors of collapsing stars. We are made of star stuff.”

**Carl Sagan, Cosmos**

“A star falls from the sky and into your hands. Then it seeps through your veins and swims inside your blood and becomes every part of you. And then you have to put it back into the sky. And it's the most painful thing you'll ever have to do and that you've ever done. But what's yours is yours. Whether it's up in the sky or here in your hands. And one day, it'll fall from the sky and hit you in the head real hard and that time, you won't have to put it back in the sky again.” **C. JoyBell C.**

“I think that we are like stars. Something happens to burst us open; but when we burst open and think we are dying; we're actually turning into a supernova. And then when we look at ourselves again, we see that we're suddenly more beautiful than we ever were before!” **C. JoyBell C.**

“Magic exists. Who can doubt it, when there are rainbows and wildflowers, the music of the wind and the silence of the stars? Anyone who has loved has been touched by magic. It is such a simple and such an extraordinary part of the lives we live.” **Nora Roberts**

“There are all kinds of futures. There is a hoped-for future, there is a feared future, there is a predictable future, and there is an unimagined future.” **Werner Erhard**

“Let today be the day that you become committed in being, in doing, in getting, achieving, in experiencing. Let today be the day that you are committed to being the change you wish to see and living the life you wish to live.” **Steve Maraboli, Unapologetically You: Reflections on Life and the Human Experience**

“Stop giving the past meaning. It comes with the memory and the weakness. We need to act beyond the weakness. Look to what connects you to life and has you exist as whole.” **Tantra Maat**

“This is the time to care for more than just ourselves. It is not as easy thing because it takes everything to remember to care for ourselves.” **Tantra Maat**

“God is a verb” **William Paul Young, The Shack**